

CONSEQUENCES OF UNTREATED SLEEP APNEA

AIRWAY

- Loud snoring
- Dry mouth
- Gasping or choking
- Pauses in breathing



ABDOMEN

- Obesity
- Gastroesophageal Reflux Disease (GERD)



KIDNEYS

- Frequent nighttime urination



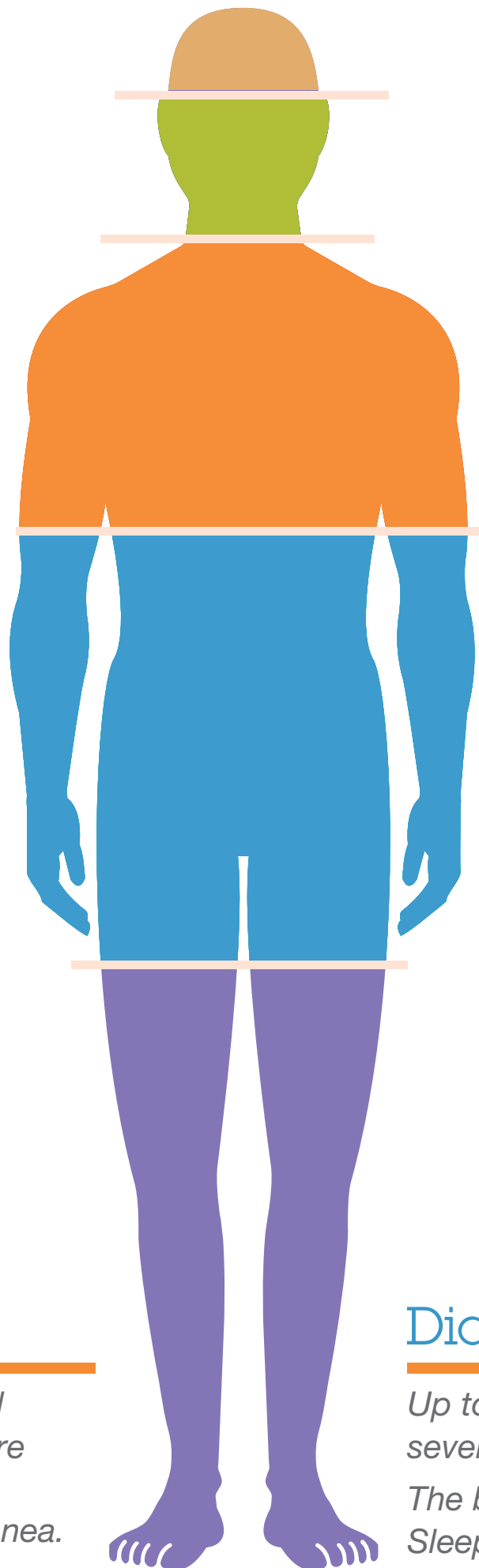
LIMBS

- Restless legs
- Fibromyalgia
- Limb movements



Fast Fact

Over 1 in 4 (26%) adults reported symptoms and risk factors that are associated with risk of having or developing Obstructive Sleep Apnea.



BRAIN

- Daytime fatigue
- Depression and/or Anxiety
- Shortened attention span
- Morning headaches
- Risk of stroke



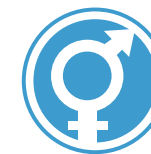
HEART

- Coronary Artery Disease
- Cardiac Arrhythmias
- Congestive Heart Failure
- Atrial Fibrillation
- High Blood Pressure



PANCREAS

- Insufficient insulin
- Poor control of blood sugar levels
- Diabetes Type II



SEXUAL DYSFUNCTION

- Loss of libido
- Impotence
- Intimacy issues

Did you know?

Up to 75% of patients with moderate to severe Sleep Apnea remain undiagnosed. The bed partner of a person with untreated Sleep Apnea can lose up to an hour of sleep per night!

DON'T WAIT, BOOK YOUR FREE SCREENING TEST TODAY!



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